

# PINPOINT TRUE ALLERGY TRIGGERS WITH ALLERGEN COMPONENT TESTING

**TEST YOUR ALLERGEN COMPONENT ON NOVEOS®** 

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Allergen component information can help you better diagnose allergies/sensitizations and prepare personalized management plans.



## THE DIAGNOSTIC ALGORITHM FOR ALLERGIC DISEASE



**Clinical History** 

The first step is a good patient account of their medical history

- Family history
- Symptoms
- Exposure
- Risk factors
- Other



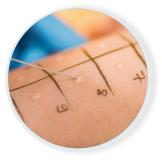
Laboratory Tests

Specific IgE testing to define sensitization:

Screening / Mixes

Whole allergen testing:

- Inhalant allergens (Regional panels)
- Food allergens



Additional Tests

**Confirmation testing** 

- Skin Prick Test (SPT) Inhalant allergens
- Tryptase
- Histamine provocation
- Pulmonary function tests (PFTs)

## INFORMATION NEEDED TO FURTHER COMPLETE THE DIAGNOSIS



Are the findings clinically relevant?



Do the allergens Cross-react?



Information of exposure or provocation needed?

### **TESTING ALLERGEN COMPONENTS IS THE ANSWER**

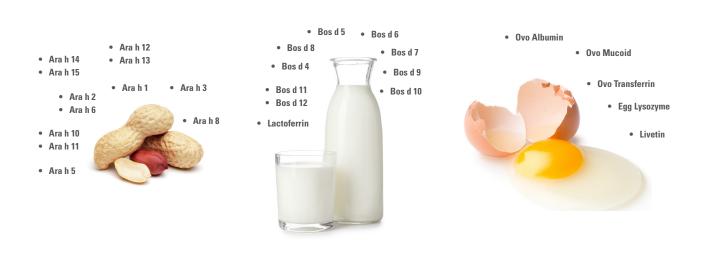
### A test with allergen components gets into the details.

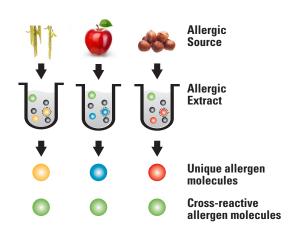
Components help determine what is causing allergy symptoms and which proteins trigger the allergic reaction. It can predict the severity of a reaction.

## WHAT ARE COMPONENTS?

### A Specific Protein Isolated From The Whole Allergen Extract

Components allow you to determine the allergen source as well as the allergytriggering protein. Allergen sources, such as species of pollen, mites or food contain several proteins that may cause sensitization. There is not just one peanut, or birch pollen allergen. Moreover, not all allergens have the same importance for the patients. Patients are often only sensitized against a few of the proteins present in an extract.





Based on patient reactivity patterns, one can distinguish major and minor allergens. Major allergens are allergens against which more than 50% of all patients are sensitized. With minor allergens less than 50% of the examined patients respond<sup>1</sup>.

Component-resolved diagnosis (CRD) is performed with recombinant or purified allergens.

Allergenic proteins can be specific for an allergen or similar in different allergens which can explain cross-reactivity between certain allergens or families of allergen protein groups.

## **COMPONENT RESOLVED DIAGNOSTICS HELPS TO:**

- Assess the clinical risk for a reaction
- Explain symptoms due to cross-reactivity
- Identify the right patients for successful specific immunotherapy



Components are proteins; protein families are based on homology. Protein families share typical characteristics and can be highly cross-reactive or very specific and vary in stability when heating.

These characteristics can be used in allergy risk assessment when testing for components. Heat stable proteins are indicative of a high risk for a severe **systemic** allergic reaction, whereas heat-labile proteins primarily show local reactions.

#### LOCAL REACTION

When a reaction stays with an area of one organ (like the throat)

SYSTEMIC REACTION

SEED STORAGE

When inflammation spreads to other organ systems in the body

### **INCREASING RISK OF SYSTEMIC REACTION INCLUDING ANAPHYLAXIS**

PLANT PROTEIN GROUPS				PROTEINS
STRUCTURAL PROTEINS:	PROFILINS	PR-10 Bet v 1 CLUSTER	NON-SPECIFIC LIPID TRANSFER PROTEINS (LTP)	STORAGE PROTEINS
CHARACTERISTICS:	<ul> <li>Heat Labile</li> <li>Possible panallergen</li> <li>Highly conserved structure</li> <li>Strong crossreactive</li> <li>Seldom associated with clinical symptoms</li> </ul>	<ul> <li>Heat Labile, tolerance after boiling food</li> <li>Associated with local oral symptoms (OAS) for fruits and vegetables</li> </ul>	<ul> <li>Heat Stabile, persistence reaction after boiling</li> <li>Associated with systemic and more severe clinical reactions to fruits and nuts</li> <li>In most classes but not grass pollens</li> </ul>	<ul> <li>Often stable and heat resistant</li> <li>Associated with systemic and severe reactions</li> <li>Proteins often found in seeds, legumes and nuts</li> </ul>
IGE ANTIBODIES:	<ul> <li>Birch: Bet v 2</li> <li>Peach: Pru p 4</li> <li>Timothy Grass: Phl p 12</li> </ul>	<ul> <li>Birch: Bet v 1</li> <li>Peanut: Ara h 8</li> <li>Soy: Gly m 4</li> <li>Hazelnut: Cor a 1</li> </ul>	<ul> <li>Peanut: Ara h 9</li> <li>Peach: Pru p 3</li> <li>Ragweed: Art v 3</li> <li>Hazelnut: Cor a 8</li> </ul>	Storage Protein Families: <ul> <li>2S Albumins</li> <li>Peanut: Ara h 2, 6</li> </ul> 7S Globulins
Figure 1: Refer POLCALCIN Allergenic proteins are found only in CROSS-REACTIVE CARBOHYDRATES DET Possible pan-allergens, often not clin		/DRATES DETERMINANTS (CO	CD)	<ul> <li>Peanut: Ara h 1</li> <li>Soy: Gly m 5</li> <li>11S Globulins</li> <li>Peanut: Ara h 3</li> <li>Soy: Gly m 6</li> </ul>

#### PLANT PROTEIN GROUPS

As in all diagnostic testing, a diagnosis must be made by the physician based on test results, individual patient history, the physician's knowledge of the patient, and the physician's clinical judgement.

PREDOMINANTLY MILD REACTIONS MILD REACTIONS SYSTEMIC AND MORE SEVERE REACTIONS PREDOMINANTLY SEVERE REACTIONS

2.

### **CROSS-REACTIVITY BETWEEN** ALLERGENS EXPLAINED

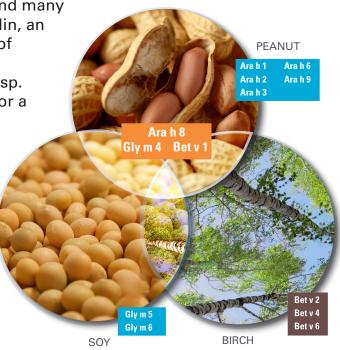
Component resolved diagnostics can help in the individual determination of the patient sensitization pattern. Allergy triggers in a patient may have two main causes:

- (1) Reaction on individual molecules that are separately present in different sources. In this case a real polysensitization exists.
- (2) Reaction on only one allergen molecule that is present in different sources. Here we speak about an immunological cross-reactivity.

Example: The PR-10 family of proteins, like Bet v1, share a high similarity in sequence and are highly similar in tertiary structure. The amino acid sequences of the molecules cross-react with the Bet v 1 related food proteins like peanut

(Ara h 8), hazelnut (Cor a 1), peach (Pru p1) and many more foods. Birch component Bet v2, is profilin, an actin-binding protein, that is found in pollen of different plant families as well as in fruits, vegetables, nuts, spices and latex. Profilin, resp. Bet v2, is consequently a diagnostic marker for a polysensitization based on cross-reactivity.

Therefore, it is possible to determine the exact sensitization pattern of an allergic reaction by detection of specific IgE antibodies on components and discover whether it concerns a real sensitization or a cross-reactivity. It also gives more information for the allergy management of a sensitized individual, indicating whether symptoms are likely to be severe.

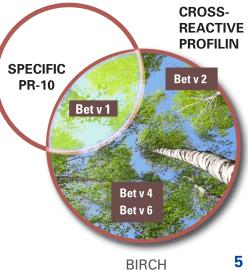


## 3.

## **ALLERGEN-SPECIFIC IMMUNOTHERAPY** PATIENT SELECTION

Since the actual immunotherapy solutions are standardized for the major allergens of an allergen extract, patients with minor allergen-sensitization are profiting less from an immunotherapy than patients with a major allergen-sensitization.

Testing for allergen components and knowing the exact information of the allergy-triggering protein helps in the diagnosis and management of allergic patients as well as in the selection of a suitable immunotherapy treatment.





### **NOVEOS Specific IgE Allergens Recombinant and Native Allergen Components**

#### MENU AS OF JANUARY 2022

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FOOD		
nBos d 4 $lpha$ -lactalbumin, Milk	F076	
nBos d 5 $\beta$ -lactoglobulin, Milk	F077	
nBos d 8 Casein, Milk	F078	
Gluten, Wheat	F079	
*Gliadin	*F098	
* Tri a 14 LTP, Wheat	*F433	
* Tri a 19 Omega-5 Gliadin, Wheat	*F416	
nGal d 1 Ovomucoid, Egg	F233	
nGal d 2 Ovalbumin, Egg	F232	
rPen a 1 Tropomyosin, Shrimp	F351	
rMal d 1 PR-10, Apple	F434	
rPru p 1 PR-10, Peach	F419	
* Pru p 3 LTP, Peach	*F420	
* Pru p 7 Peach	*F454	
nAra h 1, Peanut	F422	
rAra h 2, Peanut	F423	
nAra h 3, Peanut	F424	
rAra h 6, Peanut	F447	
rAra h 8 PR-10, Peanut	F352	
rAra h 9 LTP, Peanut	F427	
rCor a 1 PR-10, Hazelnut	F428	
rCor a 8 LTP, Hazelnut	F425	
* Cor a 9, Hazelnut	* F440	
rCor a 14, Hazelnut	F439	
* rJug r 1, Walnut	*F441	

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* rJug r 3 LTP, Walnut	*F442
rAna o 3, Cashew Nut	F443
*rGly m 4 Soy	*F353
*nGly m 5 $\beta$ -conglycinin, Soy	*F431
*nGly m 6 Glycinin, Soy	*F432

n = NATIVE

1211

<b>EPIDERMAL &amp; ANIMAL PRO</b>	TEINS
rFel d 1, Cat	E094
nFel d 2 Cat Serum Albumin, Cat	E220
rFel d 4, Cat	E228
rCan f 1, Dog	E101
rCan f 2, Dog	E102
nCan f 3 Dog Serum Albumin, Dog	E221
rCan f 5, Dog	E226
nBos d 6 BSA, Cow	E204
rEqu c 1, Horse	E227

MITES, INSECTS & PARASITES		
nDer p 1, House Dust Mite	D202	
rDer p 2, House Dust Mite	D203	
rDer p 10, House Dust Mite	D205	
rDer p 23, House Dust Mite	D209	
rVes v 5. Common Wasp	1209	

rVes v 1, Common Wasp

#### \* MENU IN DEVELOPMENT

GRASS/WEEDS		
rPhl p 1, Timothy	G205	
rPhl p 2, Timothy	G206	
rPhl p 5b, Timothy	G215	
rPhl p 6, Timothy	G209	
rPhI p 7, Timothy	G210	
rPhl p 11, Timothy	G211	
rPhI p 12, Timothy	G212	
nAmb a 1, Ragweed	W230	
rArt v 1 Mugwort	W231	

MOLD	
rAlt a 1	M229

OCCUPATIONAL	
nGal d 4 Lysozyme, Egg	K208

TREES	
rBet v 1 PR-10, Birch	T215
rBet v 2 Profilin, Birch	T216
rBet v 4, Birch	T220
rBet v 6, Birch	T225
rBet v 2, rBet v 4, Birch	T221
rOle e 1, Olive	T224



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CE These products are not currently available in the United States and in some regions outside of Europe.

- REFERENCES
- 1. J ALLERGY CLIN IMMUNOL 1995;96:5-14
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- 7. Lauer I. et al. Clin Exp Allergy 2009; 39 1427–1437.

Improving the health, well-being and quality of life of individuals with allergic conditions.

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